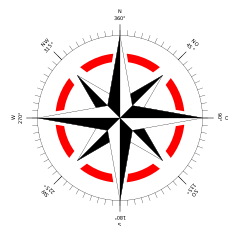


Cunard's Captain's Log



Twitter: @cunardjunior
Website: <https://cun.hrce.ca/>



Welcome Back 2023-2024!

Important Dates!

September 1: Organizational Day (no students)
September 4: Labour Day (no classes)
September 5 & 6: Professional Learning Days (no classes)
September 6: Curriculum Night 5:30pm
September 7: First Day of School!



Administration Message

Welcome Cunard Families!

Tag! We're it! Welcome to the 2023-2024 school year! We're very excited to see everyone and welcome our new students to the Clipper Crew! We have a great year planned for students this year and wanted to offer some information about the start of the year! We hope you've all had a great summer. We are looking forward to seeing you soon! We would also like to welcome some new staff! Our school enrollment has increased, so we are excited to add some new staff to the team! A big welcome to Olanne Lowe who has accepted the Vice Principal position. We would also like to welcome Ms. Chisholm (Guidance), Mr. Nemalikanti, Ms. Badcock, M. Hubbard, Mme. Patullo, Ms. Flack, Ms. Bowers (SLP), Ms. DeCoste and Mr. McCarthy (Junior High Intervention)! A big welcome back to Ms. Power, Ms. Andrea, Ms. Cassidy, Ms. Landrigan (EAL) and all the other staff here at CJHS! Mrs. Sabadash is excited to be back as our School Principal as well!

We understand there are many questions you may have! The Admin Team will be available to answer questions the week of August 28th onward. It is a very busy time, so we thank you in advance for your patience ☺ Please note the important information in this newsletter and on the website. We are excited to welcome back our returning Clippers and are excited to meet the new members of the Cunard family! Here's to a great year!

Changes to School Day Arrival Times!

We ask that students arrive in the morning between 8:00-8:05am. Any students arriving in class after 8:15am will be marked late. It is incredibly important students be in class by the beginning of instruction at 8:15. Arriving late impacts learning for the student arriving, and those in the class once instruction is underway. O Canada and announcements are done later in the morning because beginning school uninterrupted, is incredibly important to the success of our students' day. Thank you for your support and cooperation!

Lunch Timings

Students are expected to enter the building at 12:05pm. Students arriving after 12:15 will be marked late and parents will be notified. Students are always welcome to stay at school during lunch, but are able to leave school property with written permission (form sent home on the first day). We simply ask they return to school on time by 12:05. Once students leave school property for lunch, they are unable to re-enter the building until 12:05pm.

Lunch Monitors NEEDED!!

We are excited to be welcoming back Mr. Bourne and Ms. Kearley this year and are so thankful for their commitment! **However**, with increased enrollment, many hands make light work so if you or someone you know is interested in a paid lunch monitor position here at the school, please reach out to the school! We are looking to add to the lunch monitor team. There is also staff at HRCE throughout the summer

should you have any questions. They can be reached at 902-464-2000 or an application package can be picked up here at the main office.

School Cash

School Cash online is live and available for parents to use on our school website. School cash offers parents the opportunity to order school lunches, school swag, pay for field trips and any fundraisers we may have!



Bell Times, School Supplies, Backpacks and Phones

Please note the bell schedule on our school website. Students will be unable to answer phones/respond to texts during instructional time. If you need to reach your child, please call the main office and we can reach them immediately for you! Students are not permitted to use phones during the day (with the exception of lunch). They have three options to store phones: Cinch bag, locker and office storage.

Backpacks:

Students are able to bring backpacks to and from school. During school, backpacks must remain in lockers. During the day, students are permitted to carry their supplies in a cinch bag. The school will issue cinch bags/string bags to all students when school begins. If students have a preferred cinch bag at home, they are welcomed to use that instead.

School Supplies:

Supply lists can be found on the school website under “NEWS”. The school will be providing school cinch bags to all students, a combination lock, locker, and new incoming students will also receive a school water bottle.

Communication and School Advisory Council

Please watch the website for important information. It will be fully updated for this school year by September 1st. There is a lot in both the news feed, as well as under the *Our School* Tab. We have a lot of information on the school website/twitter feed that will help keep you informed! It is also the place to purchase school swag, and purchase hot lunches! You can also expect a short weekly “Clipper News” email regarding any important information or upcoming events the following week. *The Captain’s Log* (our newsletter) will also be emailed home. If ever you feel out of the loop, please don’t hesitate to call our main office!



It is important to us that our families work with our staff and Admin team. Issues arise throughout the year and, as parents ourselves, we UNDERSTAND the emotions involved when children come home upset about something that happened at school. Together, we can work through concerns. Please bring issues to light respectfully so we can help your child be successful at school. We both want the same so it’s important we work as a team!

We are looking for members to join our School Advisory Council! SAC members offer a voice in decision making, work collaboratively with the principal on developing strategies that promote student achievement and safe/inclusive schools; develops strategies to improve and support the extra curricular program; participates in determining spending priorities for the funds allocated to support the SAC’s mandate, advises the Principal on any matters referred to the SAC, and communicates any ideas to improve the school experience in any way. The commitment is just six meetings per year held in the evenings! If you or anyone you know is interested, please email the school Principal at jsabadash@hrce.ca.

Curriculum Night, Supply Lists and First Day of School

Students and families in all grade levels are invited to meet the staff and see the building on September 6th 2023. We will begin at 5:30 in the gym and the evening should not last more than an hour. We will

have a special treat for all who attend! You can expect to learn about what your child will be doing in classes this year, how they will be assessed, and take an opportunity to see their new learning spaces! This evening is a great opportunity to meet the teachers as well! Grade 5 and 6 students are also welcome to drop off any supplies this evening! Hope to see you there!

First Day of School September 7th: Students will gather outside the front doors in the parking lot for 8:05 am. Grade 7 and 8 students will be invited to come in and go directly to their new homerooms. Staff members will have class lists and Powerschool will indicate which class they are in by September 7th. Grade 5 and 6 students will gather in the gym, be introduced to their teachers, and will then follow their homeroom teacher to their classroom for the year. On the first two days of school, students will spend the morning in their homeroom getting settled and organized. Please expect forms to be sent home the first day to be signed and returned ASAP. Lockers will be assigned. All students will then participate in a series of orientation workshops covering a variety of topics including *What is a Clipper? Indoor Tour, Outdoor Expectations, Cyberbullying, Chromebook Craziness, Equity and Inclusion, Scavenger Hunts, Team-building, Art Attack, Leadership Qualities and more!* The grade 8 students will participate in a variety of different leadership workshops as well!

School Swag

Check out the link below and put your order in! These are great gifts and a great way to support your child’s school. We also have a Swag Store on the school website! <https://headlinepromotions.ca/cunard-juniorhigh-school/>

Lunchtime

Student lunchtime expectations are as follows: If students remain at school for lunch, grade 5 and 6 students must stay inside until 11:35am and then outside from 11:35-12:05pm
-if students remain at school for lunch, grade 7 and 8 students must go outside until 11:35am and then inside from 11:35-12:05pm
-there are no more microwaves available for students at school
-students are reminded to bring their own water bottle, and utensils as the school does not have ones to provide
-students are expected to remain in a chair during lunchtime and not sit on the tables
-reminder that garbage is expected to be thrown out by students into the garbage cans
-students are expected to remain in the lunchroom not wandering the halls
****If students are arriving late after lunch, we will be asking them to give you a call, so you are aware they are missing instructional time.**



Bussing and Transportation

The school itself does not organize or coordinate bussing. If you have questions around transportation, please contact HRCE Transportation.

Every year, transportation details are available to view online through BusPlanner Parent Portal and are typically released mid-July. Families eligible for transportation will receive an email to access the Parent Portal and view their child’s bus information once it is available. Students must reside within their designated catchment of the school they are attending and meet the minimum distance criteria to be eligible for transportation. Any questions around transportation after the reconfiguration, should be directed to HRCE Transportation.

Bussing is provided to:
Students in elementary (PP to Grade 6) who live more than 1.6 km from their school
Students in junior high and secondary (Grades 7 to 12) who live more than 2.4 km from their school.
If you don’t hear anything by mid-July, you may want to check your “junk” box (as sometimes it is filtered and goes to the junk box instead of the inbox) or email or call the transportation department at 902-431-4723.

And In Other News...

Student support: Kids Help Phone understands how fear and uncertainty can fuel anxiety and other feelings. They are available to support the young people in our community through this challenging time

– and beyond. Please know Kids Help Phone is available 24/7, will never judge and always be confidential.

Kids Help Phone is here 24/7 for young people and adults across the province who are experiencing the impacts of wildfires. For e-mental health support, text 686868 (young people), text 741741 (all ages), call 1-800-668-6868 or visit kidshelpphone.ca. There is no issue too big or feeling too small.

Schools Plus and Pathways! Both Schools Plus and Pathways (located at JL Ilsley) are a great way to support and connect families to resources if needed! Pathways is offering FREE English language support to students and their families and Schools Plus is an excellent resource to connect to multiple services.

Did you know? SchoolsPlus operates 12 months of the year! SchoolsPlus is a confidential, free service available to every school in Nova Scotia. Families and students (12+) can self-refer to SchoolsPlus by contacting the SchoolsPlus facilitator for your school, **Kristine Windover**. Learn more [here](#).

What is SchoolsPlus?

SchoolsPlus is a confidential, free service available in every school in Nova Scotia. Our goal is to build positive relationships between families, schools, and communities. We can help students with what they need to succeed – from home, to school, and back again!

**Halifax**
Regional Centre for Education

Connect with us!

Parents, guardians and students (12+) can self-refer to SchoolsPlus - 12 months a year!

 902-464-2041

 schoolsplus@hrce.ca

 @HRCESchoolsPlus

Resources & support

Recreation

Help finding and applying for rec programs or funding.

Tutoring

Help understanding and accessing tutoring supports.

Food supports

Help accessing food banks and other local food supports.

Health & wellness

Help navigating healthcare systems.

General support

Help completing paperwork and applications, as well as transportation and accompaniment to appointments.

